

TAP INTO YOUR POWER TO REALIZE YOUR POTENTIAL

The Need:

A well-known philosopher once said, “We are not human beings having a spiritual experience. We are spiritual beings having a human experience”. As such, we have the power to create all that we desire in our life. And yet, something holds us back.....we have a really difficult time identifying what exactly we want, and changing our negative thoughts to positive ones. We can see that it affects everything – work, relationships, family life – and yet we can't seem to change the tide. How do we get unstuck?

The Objective:

The Program is designed to open us up to understanding how powerful we are, and to begin to see how limitless life's power really is. It makes us understand that our 'default settings' are abundance health and harmony and that once we grasp the truth about our potential, it becomes evident that there are no limits to where we can go. It is a fresh, non-religious look at spirituality and who we really are – illuminating all we can truly Be, Do and Have.

Program Duration:

2 days (16 hours). Can be customised to 1 day.

Program Content:

- * Examine 7 key principles of reclaiming your power.
- * Identify your limiting thoughts and beliefs so that you can move past barriers.
- * Understand how your thoughts, beliefs and emotions shape your life, supported by scientific heart / brain research.
- * Examine ways in which your sub-conscious mind is holding you back and inhibiting your growth.
- * Powerful, yet simple tools and action steps for destroying negativity, creating abundance, and having better relationships and connection in all areas of your life.

Program Outcomes (What You Will Gain):

- * Learn how to establish and maintain new, empowering beliefs.
- * Gain insights into living consciously and deliberately, even amidst uncertainty
- * Build a sense of trust that everything you desire is within your reach, and knowledge of how to attain it so that you can find freedom and pleasure in everyday existence
- * Discover how to regain control and start living your life intentionally, with joy and abundance.

Who Should Attend:

Anyone who wants to better understand their own power and realize their innate potential. ★



Leadership is action,
not position ~ Donald H. McGannon