

CONSCIOUS LEADERSHIP FUNDAMENTALS

The Need:

How often have we heard the term 'Leaders are not born, they are made'? This is true of most leaders and extremely relevant in today's business environment. An organization can provide exceptional leadership only when its people embody exceptional attitudes and understanding of themselves and others.

Most leaders rise through the ranks and get elevated to leadership on the basis of their technical expertise. Leading, however, is a different ball-game. It requires a higher order of self-awareness and the capability to deal with complexity. But, in the everyday cauldron of business, leaders are pre-occupied with getting the job done and lose sight of the fundamentals of good leadership. They don't stop to reflect on their beliefs and practices. This has a telling effect on their team, and, eventually, the performance of the organization.

The Objective:

Enable Leaders to take a time-out, tap into their consciousness and re-boot, so they can re-examine the fundamentals of their leadership style and 'up their game'. Leading consciously ensures they develop pro-actively and make a quantum improvement in decision-making and people-handling.

Program Duration:

2 days (16 hours)

Program Content:

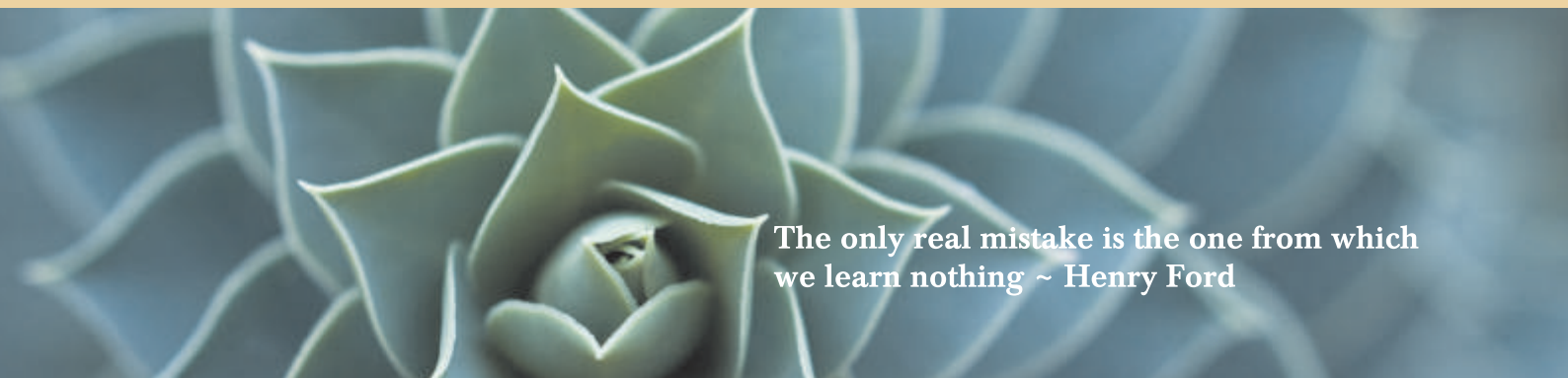
- * Understand and work on Self.
- * Learn / examine what it means to be an effective leader in today's business environment.
- * Understand key strengths as a Leader and how to leverage those strengths for success.
- * Recognise your preferred leadership style, its shadow side, and how to address it.
- * Examine key behaviours that make for effective team handling.
- * Work with core frameworks that contribute to effective strategy-building.

Program Outcomes (What You Will Gain):

- * Re-shape and elevate how you explore business, team and individual challenges.
- * Learn to embrace competing values and convert conflict into opportunities for growth.
- * Become a more emotionally aware and intelligent leader.
- * Build a mind-set of leadership maturity which shows up as the ability to hold multiple perspectives.
- * Gain techniques to hold crucial conversations with teams, colleagues and customers.
- * Draw up an individualised Action Plan to chart a course for your own growth.

Who Should Attend:

Business / Function Leaders and Managers in organizations. ★



The only real mistake is the one from which
we learn nothing ~ Henry Ford