

# CONSCIOUS LEADERSHIP FOR WOMEN LEADERS

## The Need:

Women's leadership is recognized as the key to transforming organisations and society itself. Organisations gain from a culture where diversity is nurtured. Where male and female leadership principles operate on equal terms, exceptional results are achieved. The reality, however, is that the male leadership style is prevalent in most organisations. Research shows that focusing on only one gender style results in an imbalance. Marginalization of 'female leadership qualities' is harmful for female and male leaders, and for the health of the organization as a whole. For wholesome growth, organisations need to integrate masculine and feminine values and leverage the best of both.

## The Objective:

The objective of the Program is to enhance women leaders' leadership quotient and provides them with the insights needed to make purposeful choices to expand their individual impact on the organization. The program provides an environment conducive to deep reflection and supports women leaders in their journey to develop and discover their unique leadership style. The program integrates feminine and masculine values for a balanced and powerful leadership personality.

## Program Duration:

2 days (16 hours)

## Program Content:


- \* Understand the essence of being a woman leader.
- \* Examine diverse approaches used by both genders and explore the leadership paradigm that women can embody.
- \* Explore feminine and masculine leadership polarities.
- \* Develop the ability to impact a situation by choosing your response.
- \* Overcome inner barriers to owning your voice.
- \* Move from a reactive to a creative space: grow self-awareness of your triggers.
- \* Engage in constructive conflict: build bridges while speaking your truth.
- \* Navigate work : life balance

## Program Outcomes (What You Will Gain):

- \* Expansion of your personal horizons and the female power of leadership.
- \* Adeptness to make purposeful choices that will expand your impact in your organization.
- \* Strengthening of your inner and outer voice.
- \* Integration of your female and male aspects to a stronger and more complete self.
- \* Access to your female intuition and learn to lead from the wisdom of your heart.
- \* Acquiring of knowledge and strengthening of your personality for your next steps in life.

## Who Should Attend:

Women leaders / managers who want to impact the health and success of their organizations. ★



The growth and development of people is the highest calling of leadership ~ Harvey S. Firestone